

# Phoksundo Circuit Trek

## Trip Overview

Phoksundo Circuit Trek is a Newly Explore Trek in Dolpo Region which is the best trekking destination in Lower Dolpo Trek. The Phoksundo Circuit Trekking is a journey into the hearts of the Nepal hidden gems, providing the unparalleled experience for those seeking to touch its untouched beauty and rich culture and adventures trekking in Nepal. It is located in the mid-western region of Nepal. Phoksundo Circuit Trek is also a remote and amazing trekking trail in Nepal. It is a similar trekking route till Dho-Tarap and after that the trail splits to Numala North Pass which is an old trading route to Tibet. Phoksundo circuit Trekking trail is remote and isolated best trekking destination trail, which offers the unique blend of cultural richness, natural beauty of rugged landscape of Nepal Trekking. The Phoksundo Circuit Trek leads you through varied landscapes, from lush green forests to arid, rocky terrains and challenging 5000 above high adventurous pass. The Major highlight of this trek is Shey Phoksundo lake, which is Deepest and second largest lake in Nepal. A freshwater oligotrophic lake in the alpine zone of Nepal. Shey Phoksundo lake is surrounded by snowcapped mountains such as Kanjirowa Himal, Nurbukhang and massive Dhaulagiri range. The region around Phoksundo lake is culturally significant being settlements to the Tibetan religion, and ancient belief predating Bon and Buddhism. Phoksundo Circuit Trekking route goes through traditional settlements. Local settlements are still in the old and traditional way.

Climbing Himalaya will help you to Explore Nepal Himalaya. We would like to organize Phoksundo Circuit Trek as in: as per our client's requirement, or in a fixed package arranged by us. Feel free to contact Climbing Himalaya for different Adventurous Activities in Nepal like Camping trek, Wilderness Trek, Peak Climbing In Nepal. We Climbing Himalaya also provides a Phoksundo Circuit Trek itinerary option, where trekkers can customize their itinerary, and we offer a private Trip package and fixed dates for various Trips. We believe we are proficient enough to serve perfectly and professionally. The Phoksundo Circuit Trekking is worth the challenge, adventure, and wild camping trek in Nepal. Climbing Himalaya offers you the opportunity to Explore the Nepal Himalaya. It also gives you a Great Experience of the adventurous trekking destination in the Himalayas.

## Trip Highlights

- Shey Phosundo a pristine turquoise water lake, also considered as the deepest lake in Nepal, having considerable spiritual significance,
- Rich Bonpo and Buddhists traditions, ancient monasteries, local festivals and their distinct livelihood,
- Centuries old sacred monasteries like Shey Gumpa monastery with historical and religious significance,
- Rugged landscapes, high cliffs, deep gorges and serene isolation,
- Potential to spot snow leopards, blue sheep and Himalayan vultures,
- Trekking route is less crowded and experiencing off-the-beaten trek
- Viewing high altitude farming, animal husbandry like yak herding
- Traveling through the Phoksundo National Park
- Scenic flight from Kathmandu to Nepalgunj

# **Trip Itinerary**

**Day01: Airport Pick Up and Transfer to Hotel in Kathmandu 1300m**

**Day02: Flight to Nepalgunj**

**Day03: flight to Juphal and Trek to Dunal 2106m**

**Day04: Trek to Tarakot 2353m**

**Day05: Trek to Laine 3238m**

**Day06: Trek to Sim Odar 3660m**

**Day07: Trek to Dho-Tarap**

**Day08: Explore Dho-Tarap**

**Day09: Trek to Numala North Phedi**

**Day10: Trek to Chamchuo via Numa La North 5143m**

**Day11: Trek to Phoksundo Khola**

**Day12: Trek to Dovan 3600m**

**Day13: Trek to Ringmo (Phoksundo) 3645m**

**Day14: Explore Phoksundo**

**Day15: Trek to Kageni 2233m**

**Day16: Trek to Juphal 2488m**

**Day17: Flight to Kathmandu via Nepalgunj**

## **Cost Includes**

- Airport pick up drop both National and International flight
- 3-star House twin sharing room on BB plan in Kathmandu
- One night in Nepalgunj twin sharing bed room with on Dinner and Breakfast
- Two-way flight fare to KTM-Nepalgunj-KTM
- Two-way flight fare to Nepalgunj-Juphal-Nepalgunj
- Staff Transportation
- Necessary Sherpa (Assistant Guide) and kitchen crew
- Necessary mule for camping transportation
- All camping gear include kitchen equipment
- Camping charge
- Tented camp includes three meals a day with Pack lunch
- Upper & Lower Dolpa Permit
- Shey Phoksundo National Park fee
- Accident Insurance Nepali Staff

## **Cost Excludes**

- All personal expenses
- Lunch and Dinner in Kathmandu
- Extra night accommodation in Kathmandu because of late departure, early return from mountain (due to any reason) than the scheduled itinerary
- Health and Medical insurance
- Hotel/Guest house in trekking period
- Restaurant Bill on Trekking Period
- Personal Bill/Expenses Bar Bill and Drinking water during the Tea House Period
- Search and Rescue Insurance (Travel Insurance)
- Nepal visa
- International air fare and Taxes
- Trekking equipment include Sleeping bag
- Alcoholic bar bills including espresso coffee
- Shower gel tooth brush towels body lotions sun lotions
- Due to natural calamities landslides weather conditions or political upheaval
- Tipping to support team souvenirs and other then mention above.