

Upper Helambu Circuit Trek

Trip Overview

Helambu is a beautiful region of highland place in Nepal which is only 80 kilometers north of Kathmandu (4/5 hrs drive). This valley is surrounded by many 5,000 m. peaks and different mountain ranges including Jugal Himal Range, Langtang Himal Range, Dorje Lakpa, Gaurishankar, Gang Chenpo Mountains and many more.

Helambu is the home place of the Hyolmo's, Tamangs, Brahmins, Chhetris and Dalits. They have their culture and traditions, and they are very rich in their culture, tradition and heritage. Helambu is renowned for its Buddhist and Hindu pilgrimages, and the temples and monasteries reflect their artistic and historical significance. Helambu is also known as Beyhul which means Sacred valley.

Helambu is the most easily accessible popular tourist destination since trekking started in Nepal. Melamchi Ghyang, Tarkeghyang, Sermathang, and Ghopteghyang are some of the most visited places. The ongoing "Great Trail" is an inspiring 60 km trekking route and surrounds the whole of Helambu Valley. Buddhist and Hindu pilgrimages and the temples and monasteries are the main attraction point of Helambu like Aama Yangri Peak and Palchoki mai Temple is the main attraction.

Helambu Trekking is one of the most popular trekking destinations in Nepal. Helambu Circuit Trek also known as the snakes through the dense mountains, Peaks and through beautiful and colorful Rhododendrons, breathtaking waterfalls and many more natural ornaments. Helambu is also blessed with a rich array of flora and fauna. The wildlife is specially protected due to the peaceful Buddhist communities in the higher mountains. There are two types of trek in Helambu. Upper Helambu Circuit trek and other is Lower Helambu trek. Helambu Trek which begins from Sundarimal to Chisopani, Kutumsang, Ghopte Ghyang, Thadepati, Melamchi Ghyang, Tarkegyang, Aama Yangri, Sermathang and ends at the Timbu in the Helambu region.

Ganjala pass is also the one of extreme and adventurous trekking destination in Helambu, which connects Langtang Helambu

An Upper Helambu Circuit Trek, which begins 6, 7 hrs, drives from Kathmandu to Melamchingyang, Dawalang, Lebarma, Simi Sidang base, Vadar, Thadepati, and the trek ends in Ghopte Ghyang. The trek passes through thick mountain forests with great Himalayan views and a number of splendid Buddhist holy places.

We Climbing Himalaya Offer Package of Upper Helambu Circuit Trek that covers: Logistic, Climbing Himalaya also provides a customizable Upper Helambu Circuit Trekking itinerary option, where trekkers can customise their Upper Helambu Circuit Trek itinerary, and we offer the private Trip package and fixed departure of various Trips. Transportation, Accommodation, and Professional trekking Guide – all of precisely what we need for Upper Helambu Circuit Trek and at a reasonable price. Upper Helambu Circuit Trekking cost offered here are reasonable in a sense that we make sure that you have the best of everything. We would like to explore the Himalayas and make professional peak climbing and Trekking in Nepal. We believe we are proficient enough to handle any kind of problems perfectly and professionally.

Trip Highlights

Cost Includes

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