

# Himlung Expedition

## Trip Overview

Mount Himlung Himal Expedition one of the best expeditions in Nepal. Mount Himlung, which is at 7126m, would be the ideal option for you if you were aiming to do adventurous climbing in Himalaya that is around 7000 metres high. Mt. Himlung Himal is located at an elevation of 7126 metres in the Peri Himal ranges (Nar phu), one of the most remote areas of the Nepal-Tibet border. Himlung Himal is popular peak climbing In Nepal. Mount Himlung was previously a closed area but has recently been allowed access by the government of Nepal. After that many climbers have recently become very popular on the Mount Himlung Expedition. The mountain is stunning, with a magnificent and graceful summit shape.

Himlung Expedition follows the Annapurna circuit trek to Koto and then from Koto to Nar-phu Gaon, via isolated villages, constrained gorges, woods, boulders, springs, Gompas (Monasteries), as well as Local communities with different cultural traits. The Himlung Himal treks offers culture and amazing view of the 8000-meter peaks Mt. Manaslu and Mt. Annapurna mountains. Overall, the Himlung Himal is quite challenging, straightforward and enjoyable, with three high camps to the summit: Camp I, Camp II, and Camp III, which are located at elevations of 5450 m, 6000 m, and 6350 m, respectively. From the Base Camp to the Summit, this breathtaking alpinism route offers unique culture and breathtaking mountain views.

The Himlung Himal adventure is truly thrilling, and the total experience will undoubtedly be both fascinating and completely fulfilling. Spring and autumn are the best seasons for climbing the Himlung peak. One of the greatest places to go in the Peri Himal range for people looking for 7000- to 8000-meter peaks in the Nepal Himalaya is Himlung Expedition, at 7126 metres. In Nepal's Manang district is where you can find Himlung.

We, Climbing Himalaya, provide a Himlung Expedition Package that includes everything you require to climb the Himlung Peak at a competitive package cost: logistics, transportation, lodging, and a qualified mountain guide. The Himlung Expedition cost we give are fair in that we make sure you get the finest of everything. We want to go mountain exploring and professional peak climbing in Nepal. Please feel free to contact us at Climbing Himalaya if you are one of the climbers who wants to realise your most cherished dream of reaching the top of Mount Himlung in Nepal. Climbing Himalaya also provides a customizable trekking itinerary option, where trekkers can customise their itinerary, and we offer the private Trip package and fixed dates of various Trips. We feel that we are qualified to manage any issues properly and effectively throughout an expedition in Nepal.

## Trip Highlights

- Marshyangdi river valley
- Nar-Phu Valley
- Ancient Tibetan settlements
- picturesque Buddhist settlement
- Stunning scenery many mountain range
- exhibit tremendous culture
- Glimpse of eight thousander massive mountains
- Ancient monasteries
- Diverse Flora-Fauna

# **Trip Itinerary**

**Day01: Arrival airport pick up transfer to Hotel B/B**

**Day02: Preparation Day In Kathmandu and Permit work.**

**Day03: Drive to Koto 2600m**

**Day04: Trek to Meta 3200m**

**Day05: Trek to Phu-Gaon 4050m**

**Day06: Trek to Himlung Base camp 4840m**

**Day07-20: Climbing Period for Himlung Himal Summit 7126m**

**Day21: Trek to Phu-Gaon Tent Camp 4040m**

**Day22: Trek to Meta Tent Camp 3614m**

**Day23: Trek to Koto 2600m**

**Day24: Drive to Kathmandu 1300m**

## **Cost Includes**

- Airport Pick Up
- 3 Nights 3 star hotel in Kathmandu with Bed & Breakfast
- Entrance fee of ACAP
- Himlung Himal Climbing Permit
- Professional Mountain Guide between 2 client 1 Guide Climbing Period
- Private Transportation as a itinerary
- Tea House Accommodation, breakfast lunch and dinner
- All camping Equipment, two men tents, Dining tent, Kitchen Tent, Toilet Tent, Table & chairs
- Guide, Cook, Kitchen staffs and porters/mules
- High food and Tent climbing period.
- Accident and emergency rescue Insurance and Equipment for Climbing Guide, cook, and staff
- Group Climbing Equipment
- Base camp Charge
- Liaison officer

## **Cost Excludes**

- Personal Climbing Gear and equipment
- International round trip airfare to and from Kathmandu
- Nepal Visa fee
- Lunch and Dinner in Kathmandu
- Extra night accommodation in Kathmandu because of late departure, early return from mountain (due to any reason) than the scheduled itinerary
- Excess baggage charges if you have more than 30KG luggage
- Personal Bill/Expenses
- Bar Bill and Drinking water during the Tea House Period

- Personal communications (Satellite phone, phone, fax, email)
- Personal Climbing Sherpa (must be arranged before the expedition)
- Sleeping bag -30
- Travel/rescue insurance
- Summit Bonus for climbing guide
- Any rescue costs or costs of early departure from the expedition
- Helicopter or charter flight
- Tipping for staff and guide