

# Everest Base Camp to Island Peak Climbing

## Trip Overview

Everest Base Camp to Island Peak Climbing is one of the most famous trekking peak climbs in Nepal. At an elevation of 6165 m, Island Peak is located in Sagarmatha National Park of the Himalayas of eastern Nepal in Khumbu region. Imja Tse or Island Peak is also the most frequently climbed peak in the Himalaya appropriate for both experienced and inexperienced trekkers and provides an exciting climbing experience that is ahead of plainly trekking in Nepal with a hike to Everest base camp at one go. In 1956, ImjaTse summit was first climbed by a Swiss team as a preparation for climbing Mount Everest and Lhotse. It was also a training peak used by Edmund Hillary and Sherpa Tenzing in 1953 and the route they discovered is the same one that is used today. Island Peak is also still a popular training peak for clients on Mount Everest and the combination of Everest Base Camp Trek and Island Peak Climbing together is perhaps the best adventure trip in Nepal. Many mountaineers consider climbing Island Peak the beginning of climbing in the Himalayas done to prepare for a big Himalaya expedition in Nepal.

The peak is actually an extension of the ridge coming down off the south end of Lhotse Shar which is situated less than 10 km away from Everest. The actual name of Island Peak is Imja Tse. When viewed from Dingboche, it appears as an island in a sea of ice and the peak was named Island Peak in 1951 by Eric Shipton. Although in 1983, the peak was renamed to ImjaTse, it has continued to be popularly recognized as Island Peak. The climb, besides being pleasant, also provides some of the most spectacular scenery of the Himalayas in the Khumbu region. From the top of Island peak, you can see a breathtaking panorama of gigantic mountains – Nuptse (7,864m), Lhotse (8,516m), Lhotse Middle (8,410m) and Lhotse Shar (8,382m) which form a semi circle in the north and the stunning views of Makalu (8485m), Baruntse (7152m) in the east and famous expedition peak of Amadablam (6814m) in the south. As the climbers' descends from the peak, the route takes into many cultural sites, such as Pangboche – a traditional Sherpa village; Tengboche – famous for its richly adorned Tibetan monasteries and Khumjung with Hillary school inside the clouds and mysterious Yeti scalp. It absolutely is an unforgettable experience of Island peak climb in the Himalayas. It would be best to climb Island Peak from March to May and from September to November.

Imja Tse Peak climbing 6165m is one of the best peak climbs in Annapurna Himal Range, which looks over 5800m to 6500m peak of Nepal's Himalayas, located at Kaski district in Nepal. Connect with Climbing Himalaya for Mountaineering info, and to Explore this Nepalese Himalayan peak, we would like to organise Imja Tse Peak climbing 6165m as in: as per our client's requirement or in a fixed package arranged by us to provide different experience as compared to others. We offer a Package of climbing Imja Tse Peak that covers: Logistic, Transportation, Accommodation, and Professional Mountain Guide – all of precisely what we'll need for Imja Tse Peak and at a reasonable price. Imja Tse Peak climbing costs offered here are reasonable in a sense that we make sure that you have the best of everything. We would like you to explore the Himalayas and experience professional peak climbing in Nepal. All climbers who want to be at the summit of Imja Tse Peak in Nepal, Please feel free to connect us at Climbing Himalaya (sister company of Trip Himalaya) to achieve your most awaited dream. We believe we are proficient enough to handle any kind of problems perfectly and professionally.

## Trip Highlights

**Cost Includes**

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